

RICARDO

AMADOR

Stimuli

I have been thinking of my own body as a little machine commanded by my brain; everything inside it works thanks to the fact that there is something here, in my head that is in charge of making everything work. Besides that, most of the time I am not even aware that my body is doing anything.

The world around me constantly fills me with stimuli and this machine that I have as a body is responsible for reacting to them. The cold or a good song can make the hairs on my hands stand on end; In the sunlight, my eyes narrow. A noise that is too loud manages to startle me and the sound of the rain lulls me to the point of making me sleep.

Stimuli also generate emotions and feelings in us, and in turn, these can be considered new stimuli that lead us to react in different ways. Faced with immense joy, we cannot help but smile, cry, jump and even run into the arms of the person who is nearby and offer them a warm hug. Sadness is also capable of taking us to the ground and screaming inconsolably. The human body is designed for that and these reactions are natural.



Good manners have deprived us of the possibility of expressing emotions and, in general, the reactions that our body generates towards various stimuli, allowing us to show only a small range of these, forcing us to control and repress the vast majority of the reactions that our body generates. body produces by being in contact with the world.

Art is one of the stimuli that generates sensations that rarely can be felt, however, it is also the reaction to stimuli that only the artist knows. The artist is a receiver and generator of stimuli on a large scale. The dancer, to speak of one of the many examples, is capable of feeling what the musician has expressed in the musical pieces, at the same time, he is capable of interpreting the idea that arises from the choreographer and imprinting his own feeling on it. He who observes the reactions of the dancer's body to music receives all these stimuli together.

A few days ago I got to know the work of Ricardo Amador, a prominent Oaxacan dancer who has printed all his passion and commitment in the works he has presented in his state, also coming to represent his state and Mexico in international works, such as as Chipollino by Russian director Vladimir Issaev.



BY: GIO

TRANSLATION:



**DANIEL
BERMAN**

ENGLISH
VERSION



**ARTE Y
COTIDIANIDAD**

ENGLISH
VERSION



**SANTIAGO
DIABLO**

ENGLISH
VERSION



**MATAMOROS
404**

ENGLISH
VERSION



**GUADALUPE
SALGADO**

ENGLISH
VERSION



**JOEL
MERINO**

ENGLISH
VERSION